

NOW OFFERING!

Constraint Induced Movement Therapy

What is Constraint Induced Therapy?

- Constraint Induced Movement Therapy (CIMT) is an innovative, high intensity, research supported treatment approach that assists individuals in increasing the functional use of a hemiplegic arm.
- CIMT is the physical restraining of a non-affected arm after neurological injury such as stroke, multiple sclerosis, or traumatic brain injury, forcing use of the affected arm.
- CIMT is designed to help the brain rewire itself to improve functional use of the affected arm.
- CIMT is aimed at eliminating so-called “learned non-use” in which the affected arm is not used after injury, and compensation is made by relying on the arm that is not affected or less affected.
- Research on CIMT is extensive and supports the effectiveness of this treatment approach.
- Due to the intensity of this program, insurance companies seldom provide reimbursements; therefore, this program is rarely offered in typical outpatient clinics.

How can The Neuro Hub help?

The Neuro Hub offers a specialized occupational therapy program for clients who have suffered neurological injury and qualify for this intervention.

- The program involves intensive treatment sessions of 4 hours per day, 5 times per week for 2 to 3 weeks.
- Compliance of client and family are necessary for the duration of the rigorous restraint period.
- Sessions will be tailored to meet needs of individual clients.
- Treatments will be focused on functional use of the affected arm.

What sets The Neuro Hub apart?

The Neuro Hub’s hands-on, evidence-based occupational therapy uses the latest technologies available in the field of neurological rehabilitation, and provides a comprehensive treatment approach that addresses the physical, emotional, and psychological components of clients and family members. We are dedicated to helping each client achieve the highest level of function and independence.

The Neuro Hub’s occupational therapists are informed in the latest research in the neurosciences, and we bring that research to each therapy session. Our OTs work with clients to establish personalized goals based on symptoms, strengths, and interests. After all, your success is our success!

